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**THOMPSON
RIVERS
UNIVERSITY**



Digital Citizenship - Being Safe Online

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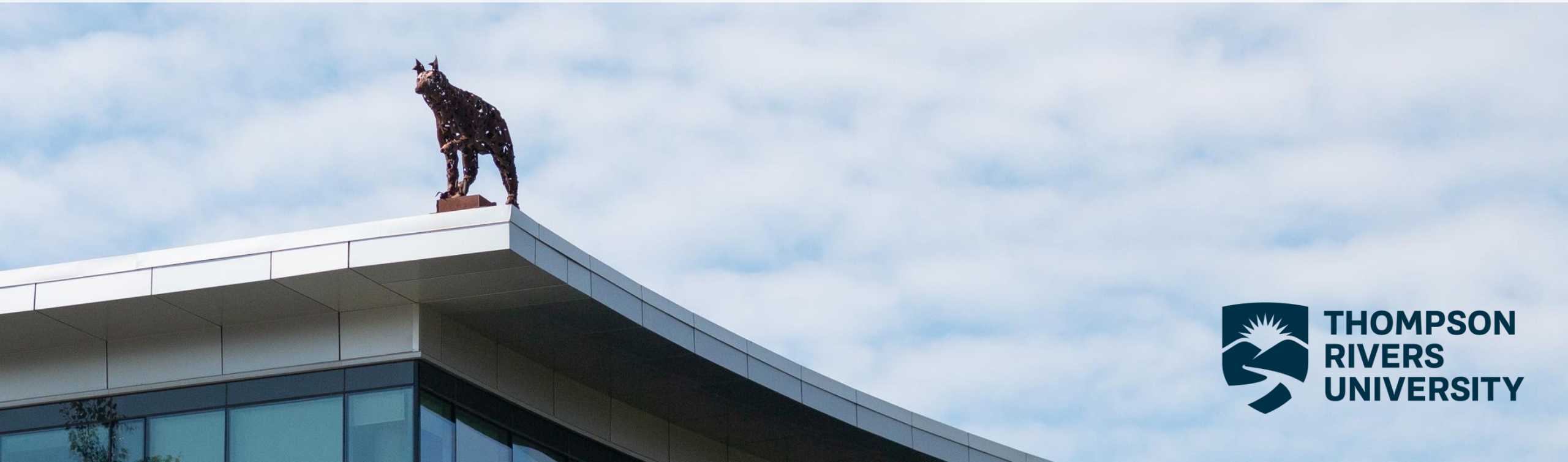
March 9, 2021



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Thompson Rivers University campuses are on the traditional lands of the Tk'emlúps te Secwépemc (Kamloops campus) and the T'exelc (Williams Lake campus) within Secwépemc'ulucw, the traditional and unceded territory of the Secwépemc. The region TRU serves also extends into the territories of the St'át'imc, Nlaka'pamux, Tâilhqot'in, Nuxalk, and Dakelh, and Métis communities within these territories.





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Since time immemorial, the səliiwətaʔt təməx^w (Tsleil-Waututh), Skwxwú7mesh-ulh Temíxw (Squamish), x^wməθk^wəyəm (Musqueam), WSÁNEĆ (Saanich), and the Esquimalt and Songhees Nations of the Lək^wəŋən (Lekwungen) Peoples have walked gently on the unceded territories where we are grateful to live, work, and play. We are committed to building relationships with the first peoples here, based in honour and respect, and we thank them for their hospitality.

Selkirk College acknowledges our respect for and deep gratitude to the First Nations of the West Kootenay and Boundary regions: the Sinixt (Lakes), the Syilx (Okanagan), the Ktunaxa, and the Secwepemc (Shuswap) peoples on whose traditional territories we are honoured to operate.



First Steps for

Being Safe Online

At the end of this session you will:

Know

what private information is

Know

what phishing is and how to avoid phishing

Create

a password that is strong and safe

What is
information?

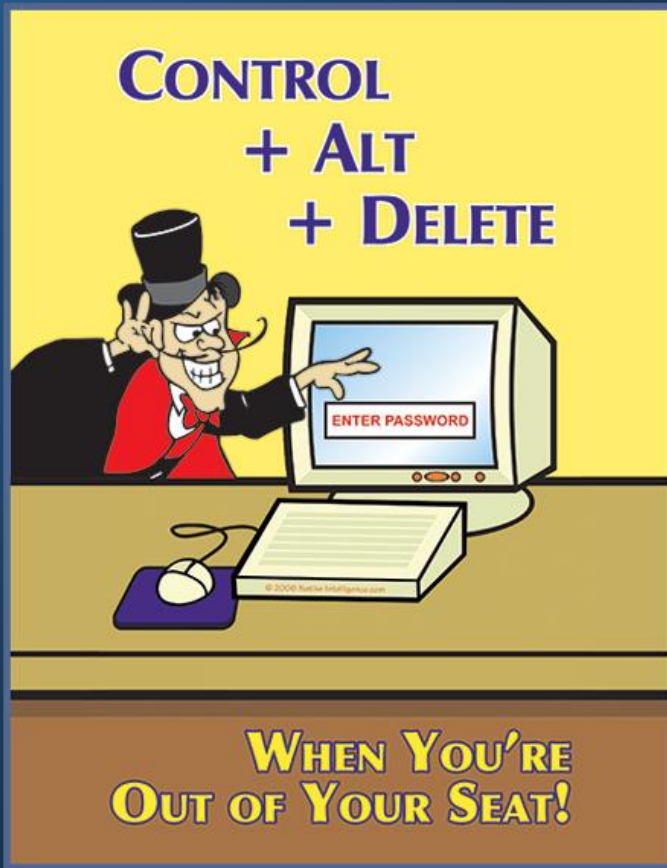
Includes information that is:

- on paper,
- stored electronically (computer, phone, tablet, memory stick)
- sent by Canada Post
- sent by text or e-mail
- social media
- shown on in pictures or videos,
- or spoken in conversation.

What is personal information?

- Name, address, and telephone number
- Government Issued Identification (SIN card, Drivers License, BCID, etc.)
- Age, gender, race, religion
- Sexual orientation
- Health care history
- Educational, financial, criminal, or employment history

How can you keep your information safe?



- Keep your personal documents in a safe place
- Shred old documents that have personal information on them
- Make sure your computer and phone are protected with a password

What is Phishing?



Using email tricks to fool people into giving out passwords.

They then use that information to steal information from the person or business they fooled.

What does a
Phishing
email look
like?

Signs that the e-mail could be phishing are:

- May have bad grammar
- Sense of urgency and a deadline
- Consequence if not acted upon
- Contains a link (or two) to a web address that is not related to the company
- Looks like it is from someone you know

From: [admin@](#) <[admin@](#)>

Sent: Friday, December 11, 2020 5:55 AM

To: <[@tru.ca](#)>

Subject: Please read Important!!!

Description:

Email Update Required;

Please follow the instructions below;

Kindly click on [UPDATE](#). fill the on-screen

This email can be ignored in case you recently [UPDATE](#) your email.

Note: Failure to [UPDATE](#) it now will lead to deactivation of your email.

Best Regards

The Admin CoP Connect team

<https://www.formtools.com/f/update-1299>

Ctrl+Click to follow link

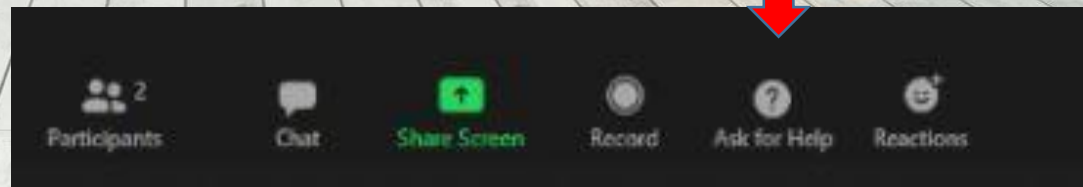
Let's Chat:

How do you
respond when
you get a
SPAM
message?

Vishing – phone scam

Smishing – text scam

Spear Phishing – Targeted Phishing




What to do
when you
receive a
scam
message

Vishing – (Voice Phishing) hang up

Smishing – (Text Phishing) Delete the
message

Spear Phishing – Delete the Message



Do you have a
safe password?

How to create a secure Password

Use a secret phrase or word that is used to gain access to a resource

A password is the most common way to prove our identity to a website, computer or other resource

Like your house key, protects a lot of personal and private information, and should be kept secure

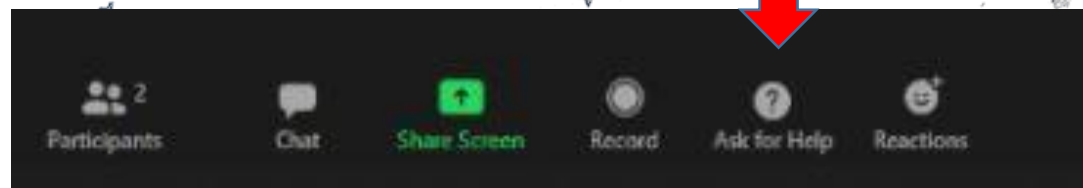


How to create a safe password

- Change it often, never reuse the same password and never write it down on paper.
- Uses a minimum of **12 characters** and a combination of at least 3 of the following:
Upper and lower case letters, 123456789 and a special character)!@(#*\$&%^
- Use a regular word. Change letters for numbers.
Ex. o=0, e=3, i=1, b=6, q=9 etc
Kitten becomes K1tt3n. Add a year, then the app name, then a special character.
Your bank password - K1tten2021c1bc\$,
- Never Reuse old passwords

Breakout room

Make up a secure sample password to share with everyone



Password tester

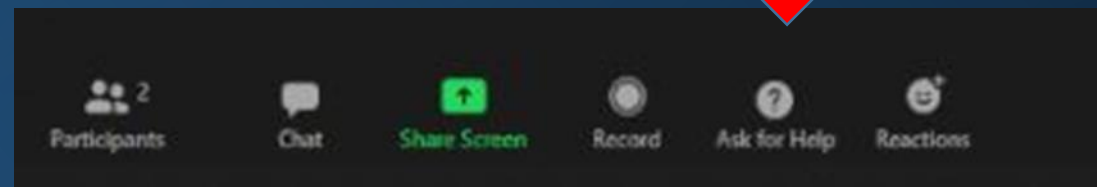
- <https://www.comparitech.com/privacy-security-tools/password-strength-test/>
- Put your sample password in Chat and we will test it for you

What are the three Ps we talked about today?

- **Private** – what is private information
- **Phishing** – how to recognize an e-mail, phone call or text where some is trying to fool you into doing something or to give out your private information
- **Passwords** – how to create a safer password



Social Break



Glee Club

Let's ROARRRRRR!



Please complete the survey!
Thank you everyone!
See you in 2 weeks